



A mentor in your child's corner.

One-to-one mentorship for young footballers, from mentors who have played the pathway themselves — with every session documented and every month reported back to you.

WELCOME

The pathway is hard. No player should walk it alone.

Between 12 and 18, a young footballer faces trials, selection, setbacks, new age groups, school pressure and — eventually — the college decision. Coaches develop the player. Parents hold the home. Mentora adds the third voice: someone a few steps ahead on the same road, whose only job is your child.

Who the mentors are

Mentora mentors are current D1 athletes. They have sat in the car after a bad trial, moved up an age group too early, and been through recruitment themselves. Every mentor is screened before matching, trained on Mentora's mentorship standards, and matched deliberately to your child.

Why it works

Some things a teenager will say to a mentor that they won't say to a coach — because the mentor doesn't pick the team — and won't say to a parent, because the mentor isn't one. That honest middle ground is where confidence, habits and perspective actually get built.

One thing to know from the start: mentors are mentors — not therapists, not agents, and not a replacement for your child's coaches. They guide, encourage and share hard-won experience. Anything beyond that scope comes straight to you.

PROGRAMME

Matched to where your child is on the pathway.

TRACK 01 · AGES 12-14

High School Ready

The years when habits form and confidence is fragile. Mentors focus on training routines, handling selection and setbacks, being a good teammate, and balancing school with football — so your child arrives at the serious years with the foundations already in place.

TRACK 02 · AGES 15-18

College Ready

The years when decisions get real. Mentors who have been through recruitment help your child understand how the process actually works, how to stand out for the right reasons, how to communicate with programmes, and what student-athlete life genuinely demands.



WHAT A SESSION CYCLE LOOKS LIKE

01 Your child checks in

A short, structured check-in before each session. It gives the mentor a clear picture of where your child is right now — so every session starts in the right place.

02 They meet one-to-one

Mentor and player talk on a regular cadence. Sessions follow the track, but flex to real life — a tournament that went badly, a trial next week, a school clash.

03 The session is written up

The mentor documents every session: what was discussed, what your child committed to, what's next. Nothing important lives only in someone's memory.

04 You get the monthly report

At the end of each month you receive a written report — themes, progress, and what the mentor is focusing on next. You always know how it's going.

VISIBILITY

You'll never have to wonder what's happening.

Everything about your child's mentorship lives in your family portal. It's how you enrol, how you stay informed, and how the programme stays accountable to you.

ENROLMENT

Simple onboarding

Set up your child's profile once. If you're joining through your club, most of it is already arranged — you confirm the details and you're in.

YOUR MENTOR

Know exactly who is mentoring your child

Your child's mentor, their background and their track — visible from day one. Matching is deliberate, not random.

SESSIONS

See the cadence

When sessions happen and that they happened. The rhythm of the programme is visible, not taken on trust.

MONTHLY REPORTS

A written report, every month

Delivered to your portal and your inbox: how mentorship is going, what themes are emerging, and where the focus goes next.

Our standard: if it isn't on the platform, it didn't happen. Every session is briefed beforehand and written up afterwards — which is exactly what makes a programme like this trustworthy.

TRUST

Clear lines, kept in writing.

You are trusting us with your child. That deserves more than reassurance — it deserves explicit boundaries and a written record of everything.

YOUR MENTOR WILL

- Guide, encourage and share real experience from the pathway
- Keep every session documented on the platform
- Work within their track and within mentorship's scope
- Bring anything concerning to you promptly — welfare is never kept from parents

YOUR MENTOR WILL NOT

- Act as a therapist or counsellor — that line is absolute, and mentors are trained to refer, not treat
- Replace or contradict your child's coaches
- Take the relationship off-platform into private channels
- Promise trials, scholarships or outcomes no one can promise

If something needs more than mentorship

Sometimes a young person is carrying something a mentor shouldn't handle alone. When that happens, the mentor's job is simple: tell you, in writing, quickly — and help point the family toward the right support. Mentors never diagnose and never keep welfare concerns confidential from parents.

Your part

Keep communication on the platform, read the monthly reports, and tell us early if something feels off — about the match, the cadence, anything. The programme works best when parents treat it as a partnership rather than a drop-off.

FAQ

The questions every parent asks.

How is a mentor different from a coach?

A coach develops your child as a player and picks the team. A mentor develops your child as a person on the pathway — and precisely because they don't pick the team, players tend to be more honest with them.

Who chooses the mentor?

We do the matching, deliberately — based on your child's age, track and situation. If a match ever isn't working, tell us and we'll address it.

Can I see what happens in sessions?

You'll see the cadence in your portal and receive a written monthly report on themes and progress. Sessions themselves stay a space where your child can speak freely — but welfare matters always come to you, without exception.

What does it cost?

Membership terms are confirmed when you enrol — through your club if you're joining via a club partnership, or directly with us. There are no hidden extras beyond your membership.

What if my child doesn't take to it?

Tell us. We'd rather adjust the match or the cadence early than let a lukewarm relationship drift. Mentorship only works when the player wants to be there.



GETTING STARTED

Enrol, get matched, begin.

Complete enrolment in your family portal, meet your child's mentor, and the first session cycle begins — with your first monthly report at the end of month one.

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